



Above The Himalaya
Trekking and Adventure Pvt. Ltd.

Kailash Mansarovar Yatra

Om Nama Shivaya- A spiritual tour to Kailash

Duration: 14 Days

Difficulty: Moderate to Difficult

Max Altitude: Dolma La pass 5630 m/ 18471 Feet

Group Size: 15- 25 people

Best Season: April - September

Start/End Point: Kathmandu/Kathmandu

Highlights

- Full-day sightseeing in Kathmandu Valley UNESCO world heritage sites (Pashupatinath, Gujeswari Temple, Jal Narayan, and Sleeping Vishnu)
- Visit the world's most famous monastery in Tibet.
- Driving on the well-paved road until the base of Mt. Kailash (Darchen)
- Crossing the high passes : Thong La, Lalung La, and Mayum La with the best view of Gaurishankar and Shishapangma Mountains.
- 3 Days Mt. Kailash Parikrama 39 KM walking (option: can take horse)
- Crossing the Highest Pass Dolma La (5630m), while in Mt. Kailash Parikrama
- Exploration of Lake Manasarovar and its surroundings
- A sacred parikrama by bus of jeep of Lake Manasarovar
- Circle the Northern face of Kailash
- Option of hiring the services of horses, yaks, and porters



Detailed Itinerary

23 July 2026: Meet at Kathmandu Airport for your Kailash Mansarovar Yatra tour and transfer to hotel.

Arrive at Tribhuvan International Airport in Kathmandu. Our representative will meet you there. After you finish your immigration formalities, you can get a SIM card if you need it. We will then take you to your hotel.

When you have time, settle in and freshen up after your long flight. We will have a short meeting to brief you about the Kailash Mansarovar Yatra tour. The evening is free at your leisure. You can enjoy a delicious dinner in one of the best restaurants. Overnight stay in Kathmandu.

24 July 2026: Sightseeing tour of Kathmandu valley

Today, after breakfast, you will meet your tour guide. You will then leave for a sightseeing tour around Kathmandu Valley. We will visit the famous Hindu temples of Pashupatinath and the Sleeping Vishnu at Budhanilknatha. Other places are UNESCO World Heritage sites, such as the biggest Buddhist Stupa at Boudhanath. We will return to your Hotel and leave it free for you to explore.

After visiting the Pashupatinath, Gujeshawari, Sleeping Vishnu, and Boudhnath Stupa, drive to the Hotel and make the final preparations for the Kailash Mansarovar Yatra.

25 July 2026: Kathmandu Drive to Syabrubesi (1450M) or Timure 1900m (Nepal/China Border).(152 Km/About 8 Hours drive)

Today, we started our journey early in the morning by driving on a beautiful scenic road through a Nepalese mountain village to Syabrubesi. It is located in northern Nepal within the breathtaking Langtang National Park of Rasuwa district.

While driving, we will have a magnificent view of the Langtang Mountain range, glistening alongside the enormous Ganesh, Annapurna, and Manaslu peaks.

The drive to Syabrubesi is (1450M) (152 Km/About 7/8 Hours drive). Depends on Chinese Authority route can be from Tatopani boder also if it happened we can stay at Tatopani Border.



26 July 2026: Cross the Nepal China Border and drive to Kerung (2,800m) or to Nyalam (3750m)

After , we will continue to drive to Ghatte Khola, where the Nepal Immigration office authorities will inspect our documents and luggage. We will then proceed to Rasuwagadhi, the border separating Nepal from Tibet.

We will finish all the necessary formalities here and meet our Tibetan guide, who will accompany us on our Mansarovar yatra. We will have a lunch at Timure before crossing the Border.

At immigration, the Chinese visa department will check everyone's visa in our group. Then, we will take a 38-km bus ride to Kerung and stay overnight in a hotel.

Continue driving through high mountain landscapes until you reach Kerung (2,800m) or Nyalam (3,750m). Upon arrival, check into your hotel and take time to rest. Overnight stay in Kerung or Nyalam.

Note: In July 2025, the Kerung border bridge has been collapsed. Since then, entry has been redirected to the the Kodari–Nyalam border. However, the final entry point will be determined by Chinese authorities at the time of travel and mostly 2026 trips will be from Syabrubesi Timure-Kerung route.

27 July 2026: Rest Day at Kerung or Nyalam

Today, we planned a rest day to help us acclimate to the high Tibetan air. After enjoying a relaxing breakfast between the mountains of Tibet, we will see Princess Bhrikuti's sculpture in Pakpa Monastery.

Located in the center of Kerung, this monastery exemplifies true Nepali architectural elegance. The Gompa was established nearly a millennium ago by King Songtsen Gampo in honor of his Nepali Queen.

Next, we will wander through the town and admire its scenic beauty. Kerung town also has a variety of restaurants that offer delightful Nepali, Tibetan, Chinese, and Indian cuisine.

28 July 2026: Drive to Saga 232km /4450m Pass (Labug-La 5050m)

On the first long driving day over Tibet's sandy and rocky land, other sites like lakes and nomads chasing thousands of yaks and sheep keep you busy.

By the late afternoon, you will cross the Bhramha Putra River on the way to a typical Chinese and



Tibetan town. Now, we arrive at an elevation above 4500 m, where the air is thinner. So we need to be more careful with Altitude; rest and drinking a lot of liquid diets will help.

29 July 2026: Saga(4,600m.) Drive to Mansarovar (14950 ft/4558m)

Have an early breakfast and get ready for another exciting day. In the late afternoon, you can view Holy Mt. Kailash and Lake Mansarovar. Today, we will pass a small village near Holy Mansarovar Lake.

Enjoy the calm lake of Holy Mansarovar (14950 ft/4558m). It is the highest lake of fresh water, has a turquoise complexion, and is full of fish and swans. Holy Mt. Kailash, Mt. Gurula-Mandala, and Lake Rakshash lie in their surroundings. Enjoy the best mountain view of Gurla Mandhata/Naimonanyi Peak as it glimmers in the distance.

These regions have gold and other mines, as well as hot springs. There are hundreds of wild living creatures. While driving, we can visit several monasteries. This includes Dargyeling Monastery, which passes Lhaksang and Zamlungla—at Mudhouse at Mansarovar.

30 July 2026: Puja at Mansarovar - then drive to Darchen

Today, we will wake up on a beautiful and spiritual morning at the Lake in front of Kailash. We will begin our day by collecting water from the lake in a bucket for a purifying bath. Next, we will engage in Yagyas, havans, and pujas, praying for the liberation of our ancestors' souls. Holy Mansarovar is the lake of compassion, tranquility, and bliss.

We will do the memorable morning bath and puja here after we drive for Holy Mansarovar Parikrama by Landcruiser with a packed lunch and continue to drive towards Tarchen (Darchen).

If time permits, we will visit Chui Gompa. Tarchen is like a base camp for Holy Kailash Parikrama. During the auspicious pilgrimage, this place is flooded with pilgrims, many of whom have hundreds of tents.

31 July 2026: Start the Kora, Drive from Darchen to Tarboche Flagpole (5 km, 4,740 m) and Trek to Dirapuk (12 km, 4,765 m), 5 to 6 hours.

Finally, the inaugural day of our Kailash Kora has arrived. This first day of Kailash Outer Kora is relatively gentle and easy as we reinvigorate with profound energy.



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After a short drive from Darchen, we will arrive at the Tarboche Flagpole, which is decorated with multicolored prayer flags. During the annual festival of Saga Dawa, the new flagpole is erected and decorated by the devotees.

The east-west ridge blocks your view of Mt Kailash, but the vast Gurla Mandata(7728m) is visible to the southeast. We are walking on a beautiful rocky cliff. Waterfalls and clouds in the clear blue sky make you feel that the Great God Shiva is everywhere, blessing you with many blessings. From time to time, Kailash Parbat's face will keep appearing.

Our room today is in a modest guesthouse with 4 to 5 beds compensated with the majestic darshana of the northern face of sacred Kailash.

(Note: We will leave our duffel bag in Darchen hotel before we move to Derapuk today, You will take your only needed things for Kora like, 1 pair of changing inner clothes, Head lamp, sun lotion, cold cream, your medicine, water bottle, rain coat, you carry your small day pack or if you hire porter he will carry your day pack maximum 5 kg, you need to bring your own day pack.) When we get back to Darchen then you get your duffel bag before drive to Saga.)

01 August 2026: Dira Phuk Trek to - Zutul Phuk (4700m) via Dolm la pass (5630m Meters, 22 Km, 8-9 hours Trek).

Today, we will cross the Dolma-La 5630m (18471 ft) and descend to Zuthulpuk (4700m). This is the most challenging day of the trek. Once you reach the top, make the holiest offering and meditate to forget in eternity.

Once your steps go down, We can see the Parvati and Gauri Kunda; people bring the water from there. By late afternoon, you will arrive in Zuthulpuk. (the cave of Miracles, the great ascetic Milerappa can perform miracles here)

The pass associates Buddhists with the goddess, the Container, and Hindus with Parvati, the divine wife who mists Shiva. Now, we will overcome the steep, rocky ascent to the heights of Dolma La. The fluttering prayer flags greet us as we reach the Green Tara Pass summit. This sacred site is dedicated to Goddess Tara, worshiped for her compassion and maternal essence.

You can do the holiest offerings and meditate to forget yourself. Once your steps go down, Parvati-steal and Gauri [Kunda](#) are on the way. By the late afternoon, you will arrive at Zuthal Puk (the cave of Miracles. The great ascetic Milerappa is here and can perform miracles here).



02 August 2026: Zutul Phuk - End Kailash Kora- Drive back to Saga.

Today is a more pleasant walking day, not more climbing up hills. We are trekking above the river and entering the lovely Golds and Red Cliffs, a narrow canyon whose walls are stained purple, cobalt, and rust.

After an easy 2 hours of trekking, we will finally set foot at Darchen again. At Darchen, our vehicle will be ready to take us back to Saga. As we travel, don't miss the chance to admire Lake Mansarovar and Chiu Gompa one last time. We will spend the night at a guest house in Saga.

03 August 2026: Drive back to Kerung City

After breakfast in Saga, we drive towards Kerung, a scenic town near the Nepal-Tibet border. The journey offers stunning views of the Tibetan landscape as we make our way through mountainous terrain. We aim to reach Kerung by the afternoon, where we will check into our hotel. The rest of the day is free to relax and explore the town. Overnight stay at a hotel in Kerung.

04 August 2026: Kerung drive back to Kathmandu

After breakfast drive to Border of Nepal China and afternoon after completing the necessary immigration and customs formalities we enter to Nepal site. Upon arrival at the border, you will go through the exit procedures on the Chinese side and then proceed with the entry formalities on the Nepali side.

This process may take some time. Once all immigration and customs procedures are completed, we will continue our journey back to Kathmandu. By evening, we will reach Kathmandu. We will stay overnight at a Hotel in Kathmandu.

05 August 2026: Depart from Kathmandu to your home, Airport drop.

We will take you to Kathmandu Airport to catch your flight back home. Our staff will ensure your safe and timely arrival at the Tribhuvan International Terminal and help you arrange your last-minute departure details.



Route Map



What is included?

- The airport picks up and drops off.
- Accommodation in Kathmandu Hotel Royal Singi with full board (Breakfast, Lunch, and Dinner). If you upgrade to a 5-star hotel, only breakfast is included.
- Tour of Kathmandu covering Pashupatinath, Boudhanath, and Sleeping Vishnu.
- Accommodation in Kailash Yatra (Local Guesthouse)
- Meals during the tour: Vegetarian meals (Breakfast, Lunch, and Dinner)
- English-speaking Tibetan guide for custom formalities
- Nepali team leader/ Co-ordinator
- All private transportation by Bus
- Tibet travel permit
- Entrance fees for Lake Manasarovar and Kailash
- Entrance fees for Langtang National Park
- We will provide you with a duffle bag to keep your goods during the Kailash tour.



- The down jacket is returnable based
- Emergency evacuation management
- Kitchen team in Tibet side.
- Oxygen cylinders in each Bus.

What is not included?

- Nepal entry Visa Fee (You can obtain a visa quickly upon your arrival at Nepal's Airport in Kathmandu)
- China Tibet Visa Fee (you can get in your country and check before [visa free country](#)) If you need in Nepal we can help and you need to arrive before 4 working day.
- Airfare to Kathmandu & back.
- Any Alcoholic and cold drinks, chocolates,
- Personal expenses, laundry, phone calls, internet
- Your gear for the trip, travel, medical insurance & helicopter rescue,
- Any other costs that are not mentioned in the price Included section
- Visa cancellation charge if early return.
- Additional accommodation charge except for the itinerary.
- Horse riding during Parikrama is about RMB 4200 to 5000. Your porter for Parikrama is about RMB 1300 to 1500
- Tips and Gratitude for the tour staff